

CERTIFICATE OF PARTICIPATION

This is to certify that

Rue Adonis

Has successfully participated & completed the

10km Heritage Day Trail Run

held at De Grendel Wine Estate.

TIME 01:39:07

PACE 09:54/km

GENDER 74 of 107

OVERALL 140 of 183

40 - 49 28 of 44

24 September 2023, Sun

Date



BoutTime

Signature

